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More about what is using your life... prepare to be surprised

by [Sophie Benshitta Maven](#) — Tags: [thousands](#), [reason](#), [you don't know](#), [step](#), [brothers](#) — Category: [Activate Spiritual Capacities](#), [Expanding Human Being](#), [Raise your vibration](#), [Spiritual Practice To Raise Your Vibration](#) — October 22, 2016 [edit](#) [6 Comments](#)

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I am continuing the work of gathering all my products on one site...

More than 200!

It's amazing how much I have to offer... I am embarrassed to tell you that with more than 200 products that work, I am barely scraping by on what I earn.

But, this is how it goes.

If you don't know what you have, if it is all over the place, if people don't know what you have, or how to get it from you... you'll be poor.

This applies to most of you, maybe all of you.

You have a lot more to offer than what you are offering.

Why? Mostly because what is using your life isn't interested in you being rewarded for your talent, skills, or products.

What is using your life is more interested in you suffering. No kidding.

One of the things I saw is using my life is the fear of being misunderstood, being taken advantage of.

Given my history, it makes sense, but it is more damaging than what it protects me from.

The behavior that is not allowed for me is KINDNESS. Maybe I am reading more into it, because neither of my brothers is EVER kind... and neither were my parents. So I saw no role model for kindness.

And yet, some of my lack of kindness, lack of willingness to be kind, comes directly from my history, or maybe was proven to be the right way to be, by my history.

A number of years ago I created an [activator for kindness](#). Sometimes [activation](#) is very painful: you have to go through regret, shame, guilt, sadness, grieving... all the emotions you didn't allow yourself to feel before. The result was slow but steady: today I can be kind... and not be taken advantage of... It's still easier to be unkind, blunt, short with people... but I do it less and less.

The reason I am not firm on this, because nothing is firm in the dominion of inner causes and effects.

Because you are both causing and experiencing what you don't want, one cannot draw a line where your self-destructive behavior ends and where the circumstances make you suffer.

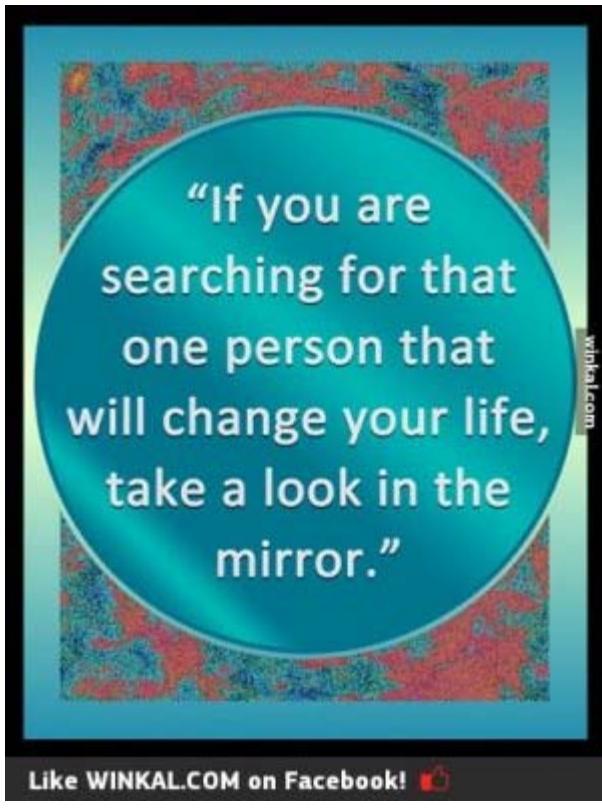
Of course this is not limited to self-destructive behavior: surprisingly it can be seen in positive, life affirming behavior as well.

When you are in love, for example, the whole world is rushing to your aid.

When I had my breakthrough in 1985, to say yes to a trip to the USA, everyone was supporting me... from the American Consul, to the co-workers. It was, suddenly, and temporarily, a whole new world.

And the dark side: the student who has been sending me dubious, cryptic messages that, on the surface, feel insulting... After an hour long conversation it is clear that she fears and unconsciously causes to be someone no one wants to listen to... who has no permission to speak... for reasons of making no sense... lol. I almost fell for it.

Don't kid yourself: if you are human you have this.



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It is a good idea to go within and find out your worst nightmares.

They are your worst nightmares because they never cease to be within the dominion of possible, maybe even probably, because of the dynamic I described above.



Being ostracized is one of the worst nightmares... maybe even

worse than being taken advantage of.

Being called stupid, or ugly, or worthless, in and of itself is not that bad... unless it threatens you to be thrown out of the society of humans: a certain death it would have been tens of thousands of years ago.

When you are avoiding your pain
you are really only avoiding your
growth.

— BRYANT MCGILL

Today it is not impossible to live like that... but it is not desirable.
If I am not accepted, at least by the people who buy my stuff, I'll starve, emotionally, intellectually, and financially.

So once you find your worst nightmare, take it a step or two further to its ultimate threat.

**YOUR LARGEST
FEAR CARRIES
YOUR GREATEST
GROWTH.**

What is it?

Not being loved? Not belonging to the human race? Starving? Death?

Go deep and don't be flippant.



The first thing you see may not be the real thing...

I'll muscle test whatever you say... so I can guide you closer, if needed.

PS: If you are barely scraping by... it may mean that you want to sell something other than what is valuable for others. Here is [an offcolor meme...](#) if you are squeamish, don't click.

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