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The three levels of value: an amazing process to fall in love with yourself

by [Sophie Benshitta Maven](#) — Category: [Activate Spiritual Capacities](#), [Raise your level of consciousness](#), [Raise your vibration](#), [Spiritual Practice To Raise Your Vibration](#) — June 9, 2016 [edit](#) [4 Comments](#)

Intrinsic Motivation



In this article I'll teach you something that has the potential to turn you into a happy, joyful person. No kidding.

Also, it can serve as the bridge between human and human being...

From that you can guess: the distinctions in this article are advanced.

At present, if you are a "normal" human, you are judging yourself and others. You are miserable, wretched, prone to get happy, get sad, get depressed at the drop of a hat.

I assert that you are judgmental, because distinctions are missing, and there is nothing wrong with you. Or them...

You are judgmental. You can't help it. You may try to control yourself, suppress it, but it isn't going anywhere. It is there. It's vicious. You judge yourself as much as you judge others. This is how you learned to be by modeling your parents, your teachers, your bosses, your church, your politicians.

You learned from your "guardians" that there is something wrong with you, that you are not good enough, and unless you are "good enough" you are not acceptable.

This is your "cultural heritage" and therefore you live in a private hell of trying to be good enough, trying to measure up to people's expectations of you. And no matter what you do, you end up being wrong, not good enough, not belonging, or whatever you made up about yourself when you were little, and earlier today.

Your dominant emotions are fear, anguish, shame and guilt.

As is always the case, this whole world view is based on a narrow understanding of the world.

It is based on an unintelligent view...

Axiology: the science of values

What is the definition of good: be patient, this is a little bit philosophical. It will get easier from here on...

Philosopher Dr. Robert Hartmann was the first philosopher who succeeded at defining what is good. Many famous and less famous philosophers worked through the centuries, but no matter what they said it didn't really define "good."

Dr. Robert Hartmann said: "Good is that which fulfills its intended purpose and design perfectly."

Dr. Hartmann was a Christian, and he said: human being was created to the image of God and therefore human being is good if and when it fulfills this design.

I don't know about god, so I say it this way: when a human being lives, behaves, thinks consistent with the [Original Design](#), i. e. it is in harmony with All-of-it, then it is good.¹

By the way, the vibration of the theory of axiology is 700, which is very high.

In axiology, value science, there are three levels of values.

1. **The first level, Systemic Value**, is the level of judgments. Systemic value is a binary value. Good-bad, smart-stupid, useful-useless, clumsy-clever, pretty-ugly, are examples of systemic value pairs.

Systemic Values are cultural, defined by society, and [change](#) as society changes.

What is good in one society is bad in another. In Nigeria a woman needs to carry hundreds of pounds of fat to be pretty. In the Western world skinny or buff are considered pretty.

In the Western world Einstein would be considered a moron: he had bad memory, he could not add up small numbers, he was dyslexic. Had he accepted your judgment of him, we would not have gotten the Theory of Relativity... He was too stupid to care about your opinion of him...

2. **The second level of values is called Extrinsic Value.**

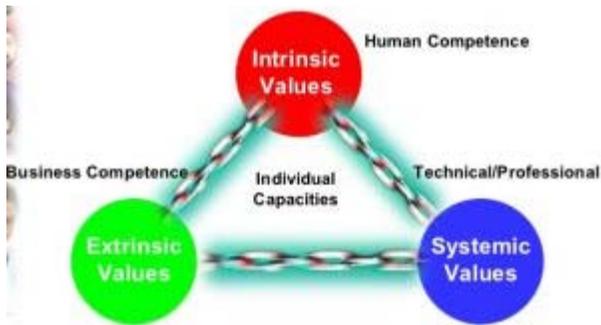


We are very familiar with this value: this is everything you can put a dollar value on, most everything that you can sell. Your productivity, your knowledge, your memory, your skills, your beauty, your grace, your presentability... depending on the [context](#) they are all extrinsic values.

This level has, as you can see, a wider range, not just an on-off switch, maybe tens of facets, a scale, a point system, a scope. Measured and measurable. You find out your extrinsic value to your employer at evaluation meetings, and your salary reflects your employer's evaluation of that value.

People pick their friends and spouses, mostly, based on extrinsic (usefulness) value.

As you can see, this value is also in the eye of the beholder, it is not innate, its size depends on the observer's need, taste, and financial strength.



3. **The third level of value is called Intrinsic Value.**

This value is innate. They are [beingness](#) values. This means that no observer is necessary, no evaluation is necessary, this value is part of every human being, by design. It is built in the genes. Some active, some inactive, but they are there. All 160.

Freedom, grace, sincerity, honesty, courage, generosity, respect, honor, dignity, love, in a word, the higher values. The lofty values. The godly values.

Or said in beingness language, spiritual capacity language, they are, for example, being free, free to be yourself, free to act, free to be happy, etc. Being graceful. Being sincere. Being honest. Being courageous, acting in the face of fear. Being generous of spirit. Being respectful. Being honoring. Being with dignity... love... etc. Just match these with the nouns of the previous paragraph.

Spiritual capacities, the ones I count, the ones you don't have activated, the ones I activate, the ones that raise your vibration, the ones that makes you a human being... are all intrinsic values.

As a society, we give lip-service to these values. Why lip-service? Because you can't see in another that you can't see in yourself. So you talk, but you are pretending... which is just another word for lying. 99% of the memes on the internet make you lie. Unless it is your personal experience, it is a lie.

When I first heard about intrinsic values, some 17 years ago, I cried for a week. I was so confronted by the fact that I had these values but I had never felt them, had never seen them.

My whole world consisted of systemic values and extrinsic values. I had never seen intrinsic values, neither in myself nor in another. I was totally blind to them.

The whole idea that I had these values, that I manifested these values, but was totally unconscious of them was the most horrifying feeling... and at the same time it became the beginning of my becoming a human **being**. Until that point I was a nasty human machine, alternating between judging people, and producing value.

Obviously in these 17 years I have met almost all intrinsic values I know how to spell... after all these are the values I activate with the second and third phase activators, and with the spiritual capacity [activation](#). My experience with people, including my students, has been that intrinsic values don't constitute reality until they are activated, brought into your [consciousness](#), until you can see them in yourself and in others, everywhere. And then you can "BE" them. This has been the least rewarding part of my work... while it could have been the most rewarding part.

Respect

If you re-read the title, you are going to learn an intrinsic value that is fundamentally alters your life, if you

apply it in earnest.

The intrinsic value is respect.

Respect is not what it means in street-speak, honoring, obeying, and other politically correct ways of being.

Respect is simple, and has no content, no color. It simply mean re-spect, look again.

Armed with the distinctions of the three levels of values, you can look at people again, and bring different levels of value to look through.

Your judgment can come from any of the three levels, but mostly it comes from the systemic, the on-off-switch level.

Let's say your opinion of your boss is that he is a jerk. It's a systemic judgment.

Now let's look at the same person through the extrinsic level: he may be educated, he may be able to organize the work well for everyone, he may be representing your interest to his boss well, so your team is well thought of, has normal budget, etc. You know the specifics, it's been a long time that I last had a boss.

Once you are done with that level, you'll notice that being a jerk is now just one of the values this guy has, and maybe not even the most important.

When you enter the level of the intrinsic, the difference will be palpable.

Look at the guy again, now through the level of the intrinsic values.

In the beginning it will not be easy, but try. He may be a good father. He may take care of his parents, so he must care. He may be courageous in the face of a disease, he may be an honest guy, he may have a sense of humor, he may be thorough... find some intrinsic values.

The more often you do this, and the more people you do this with, the wider your cone of vision and your world will become.

The real benefit will come when you look in the mirror. You will suddenly start to see **your** inner beauty, and that is priceless.



When you feel good about yourself, you love your life. And when you love your life, there is a spring in your steps, a real smile on your face, and you see more and more of the beautiful qualities of the people in your life.

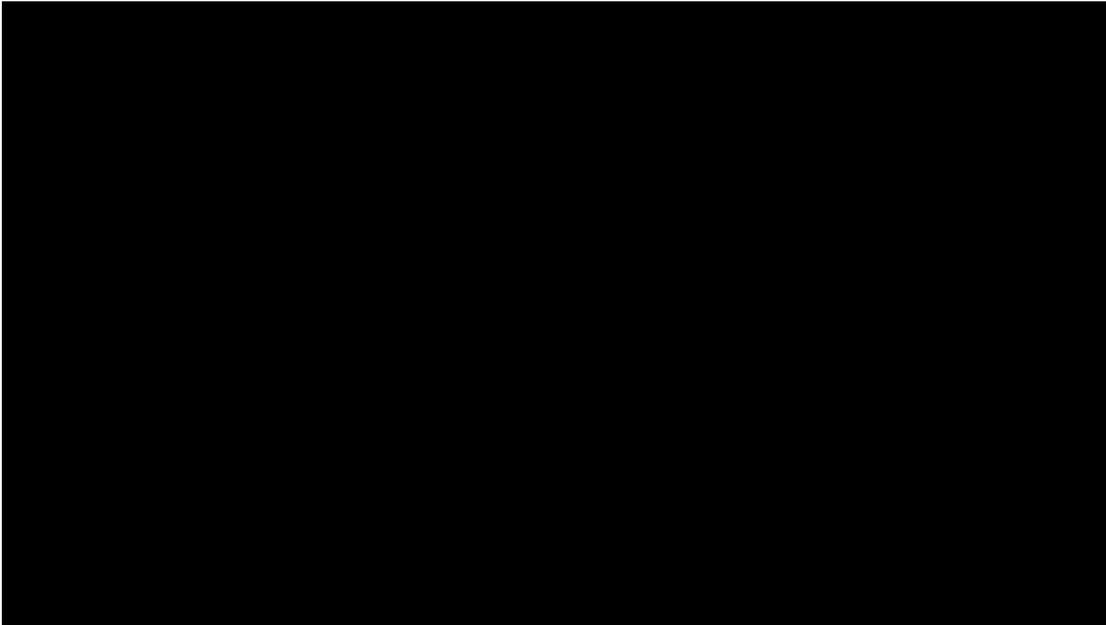
Judgment will disappear as if it had never been there; and please, share with others where you learned to be happier, I would appreciate it.

PS: You can do this same process with people that have hurt you in the past. One of the fastest ways to change your life is to change your past. You see, you don't ever recall what happened: you recall it together with your judgment of the incident and the people. This is a great process to alter the past by altering the judgment. By bringing re-spect: looking again through the three levels of values.

PPS: if you have a chance, watch the Japanese movie, Departures. In it the main character, slowly learns to look again. At the end he finds out that the father he thought didn't love him, loved him more than anything. Be prepared to cry. Beautiful movie.



PPPS: if you only do things that are for effect, like the kid on the picture, you will not love yourself!



[Value Theory \(Stanford Encyclopedia of Philosophy\)](#)

Feb 5, 2008 ... In this narrow sense, "value theory" is roughly synonymous with "axiology". Axiology can be thought of as primarily concerned with classifying ...

Each human has 160 potential intrinsic value way to be... I call these spiritual capacities. The average number of spiritual capacities in a person is 5-7.

Warren Buffet, Bill Gates have 40 each. So you see to be successful in the world you need more capacities than you have now.

I write a lot about capacities...

If you'd like to find out how many capacities you have active, working for your success in money, health, relationships, and happiness, you can get the combo deal... I'll tell you six of your measurement.

your vibration
your overall IQ including your intelligence
the number of spiritual capacities you have
your [soul correction](#) (your machine)
do you have [attachments](#)?
the level of your health

If you bought these tests separately, you'd pay \$30... but buying them all at once, I knock off \$15.

Click on the paypal button to send me a donation to get your starting point measurements. I'll let you know in my email response, if you could ask for a comprehensive health evaluation, OK?



After you pay, please wait to be forwarded to a website to register. If you are a member of my freebies subscribers' site, please log in through the "already a member" link on the registration page... If you mess up, I'll do it manually for you.

There is a whole dimension to life that you have not experienced, or that you have lost... The intrinsic dimension.

FOOTNOTES

Some of the most important things are said here...

1. The 40 [soul](#) corrections and the 40 Bach Flower Energies (the energies of the Bach Flower Remedies)



are the 40 different ways a human being can be out of harmony with all-of-it [

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